

Following Sacred Pathways

Walking Together in Faith

September 2019 to February 2020

Let's get growing



*Supporting one another on
the spiritual journey of life*

Pre-registration is required by August 29, 2019

HOW TO REGISTER

Online at: www.providencerenewal.ca

By phone: Cory Moisan at 780-701-1854 (Tues, Thurs, Fri)



A Sacred Space in a Busy World

3005 119 St NW
Edmonton AB T6J 5R5
780-430-9491
www.providencerenewal.ca



**The Journey
of a Thousand Miles
Begins with Just One Step....**

**HELPING YOU GET THE
MOST OUT OF YOUR LIFE**

Are you spiritually hungry or thirsty? Would you enjoy being part of a community of seekers who are interested in the spiritual life? Would you like to deepen your relationship with the Divine? Are you feeling the nudge to spend more time in reflection and prayer? If so, we have a wonderful opportunity for you.

THE PROGRAM

Following Sacred Pathways is a six-month program for anyone who would like to deepen his/her spiritual life in the company of other seekers. This program is an opportunity to continue the journey of personal spiritual growth. It is a chance to explore what you are being called to at this time in your life's journey and discover what your next steps might be.

THE BENEFITS

- ✓ An opportunity to nourish your body, mind, and spirit
- ✓ An opportunity to hear a variety of speakers and retreat leaders
- ✓ An opportunity to be part of a small community of people who will journey with you
- ✓ A time away to renew, refresh, and rejuvenate



THE COST

The cost of the six-month program is \$1,200.00. Overnight accommodations, meals, snacks, and program fees are included. It can be paid for in three installments or as a lump sum.

Walking together in faith

The step-by-step journey

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Step 1

**Pathways travelers gather
Friday, Sept 6 (7-9 pm)**

DISCOVERING THE SACRED
Margaret Clark & Carol Sebastian
Saturday, September 7 (10 am - 4 pm)

**Pathways gathering + supper
Saturday, Sept 7 (5-7 pm)**

Step 2

**Pathways gathering + supper
Friday, Oct 4 (5-7 pm)**

INTRO TO THE ENNEAGRAM
Sherry Dahl
Friday, October 4 (7-9 pm) and
Saturday, October 5 (9 am - 5 pm)

Step 3

**THE GIFTS OF FRANCISCAN
SPIRITUALITY**
Fr. Don Flumerfelt, ofs
Friday, October 25 (7 pm)
to Sunday, October 27 (1 pm)

**Pathways gathering
Sunday, Oct 27 (1-3 pm)**



Step 4

**ADVENT CENTERING PRAYER
INTRODUCTION & RETREAT**
Mary Jane Yates and Susan Storey
Friday, November 29 (9 am to 4 pm)

**Pathways gathering + supper
Saturday, Nov 29 (5-7 pm)**

Retreat continues...
Friday, November 29 (7 pm)
to Sunday, December 1 (3 pm)

Step 5

MAKING ROOM FOR YOU!
Sr. Elizabeth Poilievre, fcj
Saturday, January 18 (10 am - 4 pm)

**Pathways gathering + supper
Saturday, Jan 18 (5-7 pm)**

Step 6

**MEANINGS AND CALLINGS:
The Threads of Our Stories**
Faith Nostbakken
Friday, February 21 (7 pm)
to Saturday, February 23 (1 pm)

**Pathways gathering + reprieve
Sunday, Feb 23 (1-3 pm)**