

# ADVENT

## Quiet Day

### *A Spiritual Retreat*



Advent is that special time, before Christmas, when we wait with hope and anticipation for the coming of Jesus Christ, our Lord.

You are invited to take time to let go of the busyness of your day-to-day life and join us for a Quiet Day. And, you are encouraged to bring a friend. Together, we will explore a variety of ways to enter into the beauty of this sacred and holy time through prayers, music and art associated with the Advent season.

**St. Mary the Virgin Anglican Church**

**5042 – 48 Avenue**

**Vegreville, AB**

**December 14, 2019**

**10:00 A.M. — 1:30 P.M.**

Refreshments and a light hot lunch will be provided. Coffee and muffins will be available at 9:30 A.M. before the formal gathering begins. Admission is free but a donation towards the cost of the lunch is appreciated.