

ADVENT CENTERING PRAYER

Introduction and Retreat

with Mary Jane Yates and Susan Storey



FRIDAY, November 29 (9:00 am) to SUNDAY, December 1 (3:00 pm)

Learn about or refresh your knowledge of Centering Prayer and deepen the experience during a weekend of quiet contemplation as the Advent season begins. Centering Prayer, a method introduced by Fr. Thomas Keating, focuses on consenting to God's presence and action within. Mary Jane introduces the basics of Centering Prayer during the day on Friday. She and Susan will lead periods of Centering Prayer plus facilitate continued learning through Friday evening, Saturday and Sunday morning. Teachings will be derived from Fr. Keating's source materials as well as resources from other spiritual teachers.

Suite: \$365.00 Single: \$325.00

Event #10996 Register by: November 19



Mary Jane Yates is also an experienced practitioner of Centering Prayer and completed her presenter's training with Contemplative Outreach International in 2014. She holds an MSc in Health Promotion.

Susan Storey is the coordinator of a Centering Prayer group in Edmonton and is an experienced retreat leader. She has been a priest in the Anglican Church of Canada and holds a Doctorate in Theology.



Register online at www.providencerenewal.ca or call 780-701-1854
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