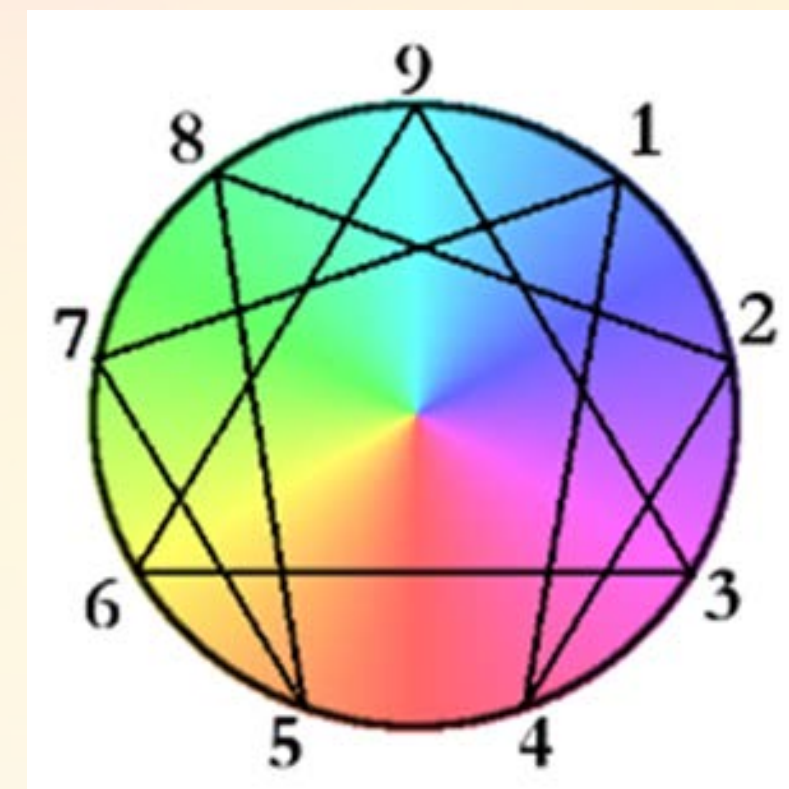


CONTEMPLATIVE ENNEAGRAM RETREAT

with Sherry Dahl



Engaging with the Enneagram is a life-long journey, not a destination. Through a consistent practice of presence to develop greater self-awareness, we can embrace the gifts we bring to the world and confront the unconscious fears and defences motivating us, impacting our relationship with the Divine, others, and ourselves. This mostly-silent retreat is intended for those already familiar with the Enneagram as there will be less teaching and more space for personal reflection. Opportunities will be given to share with others for those who wish. Please wear comfortable clothing and bring a journal. This retreat was previously offered in the summer of 2022.

Sunday, Jul 30 (3 pm) to Friday, Aug 4 (3 pm)
Suite \$600 Single \$550 Commute \$500
Register by July 24 at providencerenewal.ca



Sherry Dahl, an experienced spiritual director and facilitator, holds a Master of Arts in Spirituality and an honours certification from the Enneagram Institute, where she studied with leading-edge teachers Don Riso and Russ Hudson. Having seriously engaged with the Enneagram for many years, she continues to discover ways to deepen into its wisdom.



Scan the QR
code to register