

Transforming Trauma to Hope

Courageous Conversations with Fr. Michael Lapsley

If we have something done to us, we are victims. If we physically survive, we are survivors. Sadly, many people never travel any further than this. I did travel further, going from victim to survivor, to victor. To become a victor is to move from being an object of history to become a subject once more. That is not to say that I will not always grieve what I've lost, because I will permanently bear the marks of disfigurement. Yet I believe I've gained through this experience. I realise that I can be more of a priest with no hands than with two hands.

--Michael Lapsley

- Exiled and bombed for his opposition to the apartheid regime in South Africa
- Author of *Redeeming the Past: My Journey from Freedom Fighter to Healer*, available in 12 languages
- Founder of the Institute for Healing of Memories, a global organization working to heal the wounds of history on the emotional, psychological, and spiritual level.



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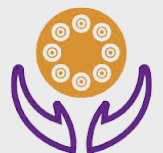
<https://edmonton.anglican.ca/news/transforming-trauma-to-hope>

Tuesday, November 3, 2026
9:00 am to 3:00 pm

Our Lady of Lourdes Catholic Church
300 Bonhomme St, Jasper, AB T0E 0A8



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